



**BRISTON COMMUNITY NURSERY SCHOOL  
LIMITED**

**INFECTIOUS & COMMUNICABLE  
DISEASES/ALLERGIES/HEALTH CARE PLAN  
POLICY**

Company number 5379895

Ofsted numbers

Nursery - EY317355

Preschool – EY258828

## **Policy Statement**

Briston Community Nursery School Ltd (BCNS) provide care for healthy children and promote health through identifying allergies and preventing contact with the allergenic substance and through preventing cross infection of viruses and bacterial infections.

### **Procedures for children with allergies**

When parents start their children at our nursery they are asked if their child suffers from any known allergies. This is recorded on the registration form.

If a child has an allergy, a risk assessment form is completed to detail the following:

- The allergen, ie the substance, material or living creature the child is allergic to such as nuts, eggs, bee stings, cats etc.
- The nature of the allergic reactions eg anaphylactic shock reaction, including rash, reddening of skin, swelling, breathing problems etc.
- What to do in case of allergic reactions, any medication used and how it is to be used eg EpiPen
- Control measures – such as how the child can be prevented from contact with the allergen.
- Review.

This form is kept in the child's personal file and the allergy is noted on our list of all children's allergies which is displayed where all staff can see it. Parents or Healthcare professionals train staff in how to administer special medication in the event of an allergic reaction.

Generally, no nuts or nut products are used within the setting. Parents are also made aware so that no nut or nut products are accidentally brought in, for example in lunch boxes or to a party.

#### *Insurance requirements for children with allergies and disabilities*

The insurance will automatically include children with any disability or allergy, but certain procedures must be strictly adhered to as set out below. For children suffering life threatening conditions or requiring invasive treatments; written confirmation from our insurance provider must be obtained to extend the insurance.

#### *Oral Medication*

- Asthma inhalers are now regarded as 'oral medication' by insurers.
- Oral medications must be prescribed by a GP or have manufacturer's instructions clearly written on them.
- The nursery must be provided with clear written instructions on how to administer such medication.
- All risk assessment procedures need to be adhered to for the correct storage and administration of the medication.
- The nursery must have the parents/carers prior written consent. This must be kept on file.

### *Lifesaving medication & invasive treatments*

Adrenaline injections (EpiPens) for anaphylactic shock reactions (caused by allergies to nuts, eggs etc) or invasive treatments such as rectal administration of Diazepam (for epilepsy). The nursery must have:

- A letter from the child's GP/consultant stating the child's condition and what medication if any is to be administered;
- Written consent from the parent/carer allowing staff to administer medication; and
- Proof of training in the administration of such medication by the child's GP, district nurse, children's nurse specialist or a community paediatric nurse

### **Procedures for children who are sick or infectious**

- If children appear unwell during the day – have a temperature, sickness, diarrhoea or pains, particularly in the head or stomach – the supervisor, room leader or key person will call the parents and ask them to collect the child or send a known carer to collect on their behalf.
- If a child has a temperature, they are to be kept cool, by removing top clothing, sponging their heads with cool water, but kept away from draughts.
- Temperature is taken using a forehead scanner, or an ear thermometer if available.
- In extreme cases of emergency, the child should be taken to the nearest hospital and the parent informed.
- Parents are asked to take their child to the doctor before returning them to nursery; the nursery can refuse admittance to children who have a temperature, sickness and diarrhoea or a contagious infection or disease.
- Where children have been prescribed antibiotics, parents are asked to keep them at home for 48 hours before returning to nursery.
- After diarrhoea and/or sickness, parents are asked to keep children home for 72 hours after the last episode.
- The nursery has a list of excludable diseases and current exclusion times. The full list is obtainable from [www.hpa.org.uk](http://www.hpa.org.uk) and includes common childhood diseases such as measles.

### *Reporting of 'notifiable diseases'*

- If a child or adult is diagnosed suffering from a notifiable disease under the Public Health (Infectious Diseases) Regulations 1988, the GP will report this to the Health Protection Agency.
- When the setting becomes aware, or is formally informed of the notifiable disease, the Supervisor informs Ofsted and acts on any advice given by the Health Protection Agency.

### *HIV/AIDS/Hepatitis procedure*

- HIV virus, like other viruses such as Hepatitis (A, B and C) are spread through body fluids. Hygiene precautions for dealing with body fluids are the same for all children and adults.
- Single use vinyl gloves and aprons are worn when changing children's nappies, pants and clothing that are soiled with blood, urine, faeces or vomit.

- Protective rubber gloves are used for cleaning/sluicing clothing after changing.
- Soiled clothing is rinsed, if necessary, and bagged for parents to collect.
- Spills of blood, urine, faeces or vomit are cleaned using mild disinfectant solution and mops; cloths used are disposed of.
- Tables and other furniture, furnishings or toys affected by blood, urine, faeces or vomit are cleaned using disinfectant.

*Nits and head lice*

- Nits and head lice are not an excludable condition, although in exceptional cases a parent may be asked to keep the child away until the infestation has cleared.
- On identifying cases of head lice, all parents are informed by letter and asked to treat their child and all the family if they are found to have head lice.

**COVID-19 Outbreak**

Since early 2020 there has been an outbreak of Coronavirus and the following procedures are guidelines

**Prevention:**

- 1) Minimise contact with individuals who are unwell by ensuring that those who have coronavirus (COVID-19) symptoms, do not attend our setting. If a child, or staff member, tests positive for COVID-19, they should follow current guidance around isolation from public health England and to only return then if they feel well enough to and have no temperature.
- 2) Clean hands thoroughly with soap and water regularly or by using hand sanitiser.
- 3) ensure good respiratory hygiene by promoting the 'catch it, bin it, kill it' approach
- 4) Regular cleaning to take place, including cleaning frequently touched surfaces using standard products, such as detergents and bleach

This policy was adopted at a meeting of BCNS Limited on \_\_\_\_\_

By \_\_\_\_\_

Date to be reviewed \_\_\_\_\_